



# Psychological Social Support

Psychological Social Support  
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# Outline Presentation

1. Cambodian Background
2. Cambodian Red Cross Strategy 2020
3. Cambodian Red Cross PSS
4. Experiences and Challenges
5. Conclusion



Cambodia is a country in southeastern Asia bordering the Gulf of Thailand and between Thailand, Vietnam and Laos.

- Officially known as:  
Kingdom of Cambodia
- Capital City: Phnom Penh
- Land: 181,035 km<sup>2</sup>
- Population 2012 (est.): 14.86 mil.
- GDP per capita (PPP): 2,330 \$
- Life expectancy at birth m/f: 70/75



## STRATEGY 2011-2020

### Vision 2011-2020

*Contribute to accelerate the poverty reduction and promote the human dignity and protect the humanitarian value of the vulnerable people.*

### Mission

*As a National Society and a leading humanitarian organization in Cambodia, the Cambodian Red Cross mobilized the power of humanity to continue assisting the most vulnerable people through the provision of disaster management, health and care in the community and promotion of Humanitarian Values of the Movement*

### Core Area 1

*Disaster Management*

### Core Area 2

*Health and Health Care in  
PSS the Community*

### Core Area 3

*Promotion of the Movement's  
Fundamental Principles and  
Humanitarian Values*

**Core Area 4: *Organizational Development and Resource Development***

**Cross Cutting Issues:** *Members, Volunteer, Gender, Youth, Capacity Building, and Advocacy*

# CRC Health & Care in the community

1. MNCH ( CBPSS )
2. Communicable diseases
3. Health in emergencies
4. Firth Aid



# Program Location



- **Program Objective :**

The health of program target communities has improved and their resilience to identified vulnerability factors has increased ( and thereby contributed to key Cambodia MDGs .)

- **Immediate Objective :**

The increased capacity of the CRC has resulted in an improved health and resilience status of 47 vulnerable target villages in PreahVihear and Kampot Provinces .

# Step 1 : Modules selection

Module 1 : Crisis events and psychosocial support

Module 2 : Stress and coping

Module 3 : Loss and grief

Module 4 : Community-based psychosocial support

Module 5 : Psychological first aid and supportive  
communication

Module 6 : Children

Module 7 : Supporting volunteers and staff



## Step 2 : Training staffs and volunteers

- Staff

Module 1 : Crisis events and psychosocial support

Module 2 : Stress and coping

Module 5 : Psychological first aid and supportive communication

- Volunteers

Module 5 : Psychological first aid and supportive communication

# Special groups

- Children
- Elderly
- People living with HIV/AIDS
- People in crisis (disaster, conflict)
- Victim of domestic violence
- Staff and volunteers



SPECIAL ATTENTION TO CHILDREN









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# Staff Training





# Volunteers Training





# Challenge

- PSS not really considered important
- Lack of IEC and Reference
- Limit knowledge and Capacity HR

# Conclusion

- *PSS should be part of health intervention in all setting*
- *Cambodian Red Cross has integrated PSS in the strategy as projects and as cross-cutting*
- *Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (WHO)*

Thank you!

