# **Rapid MHPSS Assessment tool for Ukraine and affected countries crisis**

*(version May 2022)*

Please note, that the assessment template should be adapted to the needs for information as well as to the context.

# **General information about the host community & institutional services**

# **Population size**

* Languages spoken
* Types of institutions (schools, health clinics, etc.) in the community
* *Add any other information that about the host community that you find relevant for the purpose of a rapid assessment*

# **General information about the displaced community**

Available secondary data on the demographics, including percentage/number of:

* distribution of age groups
* distribution of genders
* female headed households
* pregnant and lactating women
* people living with disabilities
* people lacking documentation

Where are the displaced/people from Ukraine staying (give approximate percentages or numbers):

* Reception centers/shelters
  + - who is operating the centre/shelter\_\_\_
* Host families \_\_\_\_
* On their own\_\_\_\_
* Other:

Do displaced/ people from Ukraine have access to health-, mental health-, and social care- services?

Are there any barriers to access to health-, mental health-, and social care- services?

NB:

*Questions on housing, employment, education, and leisure are not included, but can be included, should informants mention it and should be included in the general assessments.*

# **General information about the informants/focus group**

Time and place of informant interview/focus group discussion:

Informant has been informed about confidentiality and consent: Y/N

Demographics of informant(s):

* approximate age range: from… years old to…. years old
* approximate number per gender:

Level of formal education:

# **Questions**

What are the main changes/problems you or others have experienced since the start of the crisis? (Probe for information of older adults, adults, youth, and children of different genders\*. Listen for feelings, behaviours, different coping methods mentioned and probe for more information, if needed.)

What do older adults, adults, youth, and children of different genders normally do, to overcome difficulties/deal with stress?

What are the main issues or problems you have noticed in yourself and/or others after the crisis?

Please list as many issues or problems as you can:

* .

Please tell us more about….. (refer to those answers given by the informant/s that relate to MHPSS, such as feelings, behaviours, substance use problems etc.).

What is one pleasant thing you enjoyed doing before the start of the crisis (including social contact), that you could start doing again, or more often?

What is affecting your sense of safety here?

Are there any specific locations and/or times older adults, adults, youth, and children of different genders feel unsafe here?

Are some groups at additional risk of violence or harm? (physical or emotional violence, exploitation, abuse, trafficking etc.)

What supportive and protective resources are in place in the community/shelter/host family (formal and informal ones)?

Free list any (optional)

How do people generally support each other here? (Probe on support from the arriving/receiving community including host families/Red Cross & Red Crescent Movement partners)

Who would you approach if you, or someone you know, has problems, that they need help with?

Is there anything you would like to add about the problems that the displaced, or any marginalized groups in the community, are facing or about the help available to them?

What are your plans if the conflict continues?

*\*Use appropriate gender terms for the context*